



2d Network Battalion

Suicide Prevention Policy

The lives of all Marines, Civilians, and Contractors are valued. Suicide is preventable, and we are committed to providing the resources and support necessary to help those who may be struggling. Our goal is to create a command climate where seeking help is a sign of strength, and every member feels valued and connected. We can achieve this goal using the five core leader functions; strengthen, mitigate, identify, treat, and reintegrate (SMITR).

Early identification and intervention are critical to preventing suicide. All personnel are responsible for being aware of the warning signs of suicide and for taking action to help those who may be at risk. Seeking help for mental health concerns is a sign of strength, not weakness. Marines are encouraged to seek help without fear of stigma or reprisal.

Individual welfare is crucial to the Battalion's continued success. Our goal is to prevent suicide by finding support, treatment, and other positive ways to cope. Marines, Civilians, and their families should seek to effectively manage stress while recognizing that no one is immune to stress and its effects. We mitigate through efforts to ensure well managed stress responses. We will understand the importance of positive resiliency skills and model them throughout the organization. Leaders will continuously monitor stressors and need to be trained to recognize when co-workers are at risk.

Make the time to actively listen. EVERY Marine and Civilian at 2d Network Battalion is important and directly contributes to the success of the mission. I need active and engaged leadership to identify those teammates who may be working through stressful situations and reach out a hand.

Once identified, there are many resources available to help manage the negative impacts of stress. These resources may include, but are not limited to: Mental health professionals, Military Crisis Line, Military OneSource, MCCS, Community Counseling, Wounded Warrior Regiment, and many others. Encouraging Marines and Civilians to use these resources helps mitigate any potential risks for ideations.

We will have a zero-tolerance policy for any behavior that stigmatizes or discourages individuals from seeking mental health care. Ensuring our teammates get help is worth the time and effort. Should this be required, it will command your full attention, it is the responsibility of ALL leadership to support the treatment of Marines and Civilians. Following a suicide attempt or completion, the command will provide support to affected personnel, including counseling services and grief support. Appropriate reintegration after a suicide related event is vital. Leadership is directly responsible for their teams. This is a sacred trust. We will ensure that when reintegration is required, whether back into the workplace, transition to another duty, or moving on to a different phase of life, will be handled by providing assistance with any resources available.

Suicide is a complex issue, but it is preventable through the five core leader functions (SMITR) and support. By working together, we can create a command climate that promotes mental health and well-being and that supports those who may be struggling.

BERDELA.GLENN.
WILLIAM.JR.12827
81600

Digitally signed by
BERDELA.GLENN.WILLIAM.JR.
1282781600
Date: 2025.06.24 07:43:03 -04'00'

Glenn W. Berdela, Jr.
Lieutenant Colonel, USMC
Commanding Officer

SECURUS - OPEROR - DEFENDERE